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Myer & Rosaline Feinstein Campus
10100 Jamison Avenue
Philadelphia, PA 19116

RAYMOND &
MIRIAM KLEIN JCC

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Kosher Meals on Wheels

215-698-7300
www.kleinjcc.org

Kosher Meals on Wheels at the Klein JCC

Who We Are

The Raymond and Miriam Klein JCC Kosher Meals on Wheels program provides Kosher and supplemental meals to the older adult community who are unable to prepare meals for themselves. The meals are delivered to their homes on a weekly, bi-weekly or monthly basis as needed by the seniors. There are two distinct programs to meet the needs of this aging population.

1. Cook for a Friend

These meals are provided by local volunteers, synagogue groups, Hebrew School classes and other organizations within the Jewish community. They are delivered weekly by local volunteers who often stay for a short visit. The meals are frozen in metal trays for



oven ready use. However, the meals can often be transferred into a microwaveable dish for those who do not feel comfortable with using an oven. There is no charge for participation in *Cook for a Friend*, but we do ask for a voluntary contribution to help defray the costs of the program.

2. Catered Meals

These frozen microwaveable meals are prepared by a local caterer, and are delivered weekly by local volunteers. There is a choice of chicken, beef, dairy and fish selections. Upon availability

soup, juice and bread are added to the bags. Upon request, special arrangements can be made if an individual or family member would like to pick up their meals at the JCC. This program serves seniors who live in Northeast Philadelphia, Abington and Cheltenham township. Zip codes include 19111, 19114, 19115, 19027, 19095, 19149.



How can you arrange for a Home Delivered Meal?

Please contact Tivia Oslon at 215-698-7300 x185 or toslon@phillyjcc.com to set up meal delivery to your home or a loved one's.

Social Worker Services

In order to support the older adult population within their own homes, a holistic approach needs to be taken. The Kosher Meals on Wheels program has incorporated a social worker in order to assist



those who require other services besides home delivered meals, such as emergency response systems, connection to housing services, and connection to medical information assistance. If there are questions regarding other concerns, the social worker will try and locate the answer, or who to contact, if necessary. If you need any assistance or know someone who would benefit from the social worker's help, please call Tivia Oslon, M.S. at 215-698-7300 x185 or toslon@phillyjcc.com.

Joining Our Volunteer Family

Volunteers are the heart and soul of the Kosher Meals on Wheels program. Without their support, hundreds of frail and homebound elderly would not receive the support they need to live independently in their own homes.

Volunteers are needed to cook, pack, and deliver meals. One or two hours per week can really make a difference in the lives of the homebound older adult population. To find out more about volunteering please contact Nina Cohen at 215-698-7300 x197 or ncohen@phillyjcc.com



Support the Homebound Elderly

Individual donations as well as corporate sponsorships are always needed. Please help our growing elder population fulfill everyone's basic need of nourishment.